



**June 2019  
Accord Adult Day Center  
Snack Menu**



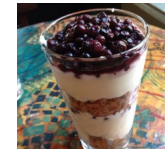
**Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday**


**Please note :  
Daily menu is  
subject to change  
without notice**




1 cheese sticks and fruit cup  


*In accordance with Federal Law and U.S. Department of Agriculture policy, this prohibited from discriminating on basis of race, color, national origin, sex, age, or disability."*

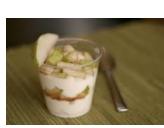
3 blueberry & yogurt parfaits  
1% Milk,  


4 peanut butter & whole grain crackers  



5 trail mix with cheerios, raisins & raisins  
1% Milk  



6 cheese & whole grain crackers  



7 cottage cheese & crackers  



8 pear & yogurt parfaits  
1% Milk  






10 peanut butter grahams  


11 cottage cheese & triscuits  


12 cheese & whole grain crackers  


13 1 % Milk  
Pineapple Yogurt Parfaits  


14 trail mix with cheerios, raisins & raisins  



15 peanut butter & whole grain crackers  






17 trail mix with cheerios, 1 % Milk  


18 cottage cheese & pineapples  


19 peanut butter & whole grain crackers  



20 cheese and whole grain crackers  



21 1 % Milk  
Yogurt parfait with fruit  


22 peanut butter grahams  


**IF YOU HAVE ANY FOOD ALLERGY PLEASE NOTIFY STAFF**

24 yogurt & peach parfaits  
1 % Milk  


25 trail mix with cheerios, raisins & rasins  
1 % Milk  


26 Blueberry Yogurt Parfaits  
1% Milk  


27 cheese & whole grain crackers  


28 peanut butter grahams  


29 strawberry & yogurt parfaits  
1 % Milk  
