

Sunday

Monday

Tuesday

Wednesday






Thursday

Friday

Saturday

June 2019

Accord Adult Day Health Center

						<p>9:15 Morning Stretches 9:45 Daily Chronicle 10:30 Darts 12:45 Gentle Stretches 1:15 Big Farkle 2:30 Social Gathering</p>	1
	<p>2 9:15 Stretch It Out 10:00 Delivery of Quilts 10:30 P,C, R, Watercolors, Target Toss, Farkle 12:45 Gentle Stretches 1:00 Crossword Puzzle 1:15 P, C, R, Target Toss, Bunco, Bowling 2:30 Social Gathering</p>	<p>3 9:15 Let's Get Fit 9:45 Historical Events 10:30 P,C R Gardening, Cover the Number, Darts 12:45 Gentle Stretches 1:00 Cranium Crunches 1:15 P,C,R Pokeno, LRC, Golf Putting 2:30 Social Gathering</p>	<p>4 9:15 Strength Training 9:45 This Day in History 10:30 P, C, R, Bingo, Go Gator, 'Round the Clock 12:30 Gentle Stretches 1:00 You Be the Judge 1:15 PCR Uno, Reminiscing 1:30 Mass w/ Fr Roy 2:30 Social Gathering</p>	<p>5 9:15 Let's Get Fit 9:45 Local Events & News 10:30 P,C,R, Crafts Twister, Toss It Up 12:30 Gentle Stretches 1:00 Name 10 1:15 P,C,R, Crazy 8, Bean Bag Toss, Penny Ante 2:30 Social Gathering</p>	<p>6 9:15 Sit & Get Fit 9:45 Current Events 10:30 P,C,R, Ring Toss, Gone Fishing, Horseshoe Comp 12:45 Stretches & Trivia 1:15 P,C,R, Twister, LRC Bowling 2:30 Social Gathering</p>	<p>7 9:15 Large Muscle Stretches 9:45 This Day in History 10:30 Golf Putting 12:45 Gentle Stretches 1:15 Bean Bag Toss 2:30 Social Gathering</p>	8
	<p>9 9:15 Strength Training 9:45 Local News & Events 10:30 P,R,C, Crazy 8's, Yahtzee, Horseshoe Comp 12:45 Gentle Stretches 1:00 Brain Games 1:15 P, C,R, Acey Ducey, Bunco, Bocce 2:30 Social Gathering</p>	<p>10 9:15 Sit & Get Fit 9:45 This Day in History 10:15 P,C,R, Rummy Royal, Bunco, Go Gator 12:45 Gentle Stretches 1:00 Word Games 1:15 P,C,R, Bowling, Bowling Dice, Yolf 2:30 Social Gathering</p>	<p>11 9:15 Rodeo Stretches 9:45 Wanted Photo Shoot 10:30 PCR, Boot Toss, Hold Your Horses, Gardening 12:45 Cow Names & Tales 1:30 Country & Western Dance 2:30 Social Gathering</p>	<p>12 9:15 Strength Training 9:45 This Day in History 10:30 P,C,R, Manicures, Darts, Pokeno 12:45 Gentle Stretches 1:00 Fun Facts 1:15 P,C,R, Whoopee, Yahtzee, Horseshoe Comp 2:30 Social Gathering</p>	<p>13 9:15 Chair Stretches 9:45 Honor All of the Dads 10:30 PCR, Fish Bait, Golf Black Jack 1:00 Flag Trivia 1:15 P,C,R,Texas Hold Em, LRC, Ring Toss 2:30 Social Gathering</p>	<p>14 9:15 Morning Stretches 9:45 Local News 10:30 Go Gator 12:45 Gentle Stretches 1:15 Twister 2:30 Social Gathering</p>	15
	<p>16 9:15 Sit and Get Fit 9:45 Daily Chronicle 10:30 P,C,R, Manicures, Darts, 'Round the Clock 12:45 Gentle Stretches 1:00 Word Games 1:15 P,C,R, Black Jack, Bowling, Corn Hole Toss 2:30 Social Gathering</p>	<p>17 9:15 Let Get Fit 9:45 This Day In History 10:15 P,C,R, Big Dice, Farkle, Bingo 12:45 Gentle Stretches 1:00 Brain Games 1:15 P,C,R, Noodle Hockey, Acey Ducey, LRC 2:30 Social Gathering</p>	<p>18 9:15 Strength Training 9:45 Daily Chronicle 10:30 P,C,R, Bowling, Horseshoe Com Black Jack 12:45 Gentle Stretches 1:00 Cranium Crunches 1:15 P,C,R, LRC 1:30 Mass w/ Father Roy 2:30 Social Gathering</p>	<p>19 9:45 Strength Training 9:45 Local News & Events 10:30 P,C,R, Target Toss, Gardening, Toss It Up 12:45 Gentle Stretches 1:00 Name 5 1:30 Musical Guest PE James 2:30 Social Gathering</p>	<p>20 9:15 Chair Stretches 9:45 Local Events 10:30 PCR, Farkle, Horseshoe Com, Crazy 8's 12:4 5Stretches & Name 10 1:15 PCR, Travelogue, Bean Bag Toss, Mystery Box 2:30 Social Gathering <small>Summer Begins</small></p>	<p>21 9:15 Large Muscle Stretches 9:45 Local News & Events 10:30 Parachute 12:45 Gentle Stretches 1:15 Corn Hole Toss 2:30 Social Gathering</p>	22
	<p>23 9:15 Sit & Stretches 9:45 Historical Facts 10:30 P,C,R, Rummy Royal, Gone Fishing, Horseshoe Competition 12:45 Gentle Stretches 1:00 Trivia Challenge 1:15 P,C,R, Bingo, Darts 2:30 Social Gathering</p>	<p>24 9:15 Strength Training 9:45 Local News & Events 10:30 PCR Horseshoe Comp, Yahtzee, Uno 12:45 Stretches & Name 10 1:15 P C Bowling Dice,Yolf Horseshoe Winners Social 2:30 Social Gathering</p>	<p>25 9:15 Chair Stretches 9:45 News & Local Events 10:30 P,C,R, Poker, Big Dice, Bakers Group 12:45 Gentle Stretches 1:00 Fun Facts 1:15 P,C,R, Penny Ante, Uno, Big Farkle 2:30 Social Gathering</p>	<p>26 9:15 Sit & Get Fit 9:45 Current Events 10:30 P,C, R, Darts, Cover the Number, Rummy Royal 12:30 Gentle Stretches 1:00 Name 10 1:15 P,C,R, Bowling, Toss It Up, Ring Toss 2:30 Social Gathering</p>	<p>27 9:15 Seated Stretches 9:45 Daily Chronicle 10:15 P,C, R, Gardening, Fish Bait, Golf Putting 12:45 Gentle Stretches 1:00 Brain Teasers 1:15 P,C,R, Big Dice, Penny Ante, Black Jack 2:30 Social Gathering</p>	<p>28 9:15 Large Muscle Stretches 9:45 This Day in History 10:30 Noodle Hockey 12:45 Gentle Stretches 1:15 Bean Bag Toss 2:30 Social Gathering</p>	29
	<p>30 Key Code C – Cribbage P – Pitch R – Rummy Horseshoe Comp – Horseshoe Competition Any calendar changes or additions will be posted on the dry erase board</p>						