

# The YankeeXpress

## BLACKSTONE VALLEY & SOUTH COUNTY

### Accord Adult Day Care provides peace of mind for families, and fun for elders

By Peter Coyle

The Accord Adult Day Health (ADH) Center on 10 Cudworth Road in Webster is truly the area's best in providing Adult Day Health Services to elders, and disabled adults. Joseph and Lisa Rizzo of Oxford own and operate this modern facility that has all the bells and whistles to insure that your family member can actually spend their day in an environment that is considered the "model" for adult day health services by local and state officials. Adult day health is a vital community medical and social program designed to keep elderly and disabled adults in their homes and in their community. The Rizzo's run the day to day operations along with their dedicated staff who demonstrate compassion and understanding for their clients, and who are treated as family. Your loved ones are in good hands at Accord. They will be medically monitored by their licensed nurses while being fully

engaged in a comprehensive recreational program that includes activities that stimulates and encourages socialization. Mr. Rizzo, states that "our ultimate objective is to give caregivers peace of mind and an opportunity to work or get a little rest, while providing services to the client that promotes positive physical and mental health, while keeping them active, safe and living in their homes and community as long as possible."

Visit their website at [www.accorddaycenter.com](http://www.accorddaycenter.com) or on Facebook and you will find out all about Accord Adult Day Health Centers services and amenities. Their staff is trained specifically to assist clients with physical limitation, memory loss or cognitive impairment who require supervision and need medical management. They work closely with families, caregivers and their primary care physicians to minimize hospitalization and prevent premature long-term care placement.

Accord offers those re-

sponsible for the care of a frail family member or friend with peace of mind. Taking care of loved ones can be a challenging task. Accord is staffed with highly trained individuals to care for the challenging needs of elderly or disabled individuals, including those with dementia or memory loss. Registered nurses develop a detailed plan of care that follows the client's physician's orders for medical care and services. The Accord philosophy places safety, compassion and dignity as essentials elements to the delivery of services.

The best part about being a client at Accord is that your loved ones get to live in their own home and sleep in their own bed every night. They also provide transportation services in specially equipped vans and buses. You might have seen the Accord vans driving through your town, picking up and dropping off clients. This service is provided in Auburn, Charlton, Douglas,

Dudley, Millbury, Oxford, Southbridge, Sturbridge, Sutton, and Webster. Accord also services the Connecticut towns of Grosvenordale, Putnam, Quinebaug, Thompson, and Woodstock.

There is no doubt about it that a typical day at Accord offers structure and diverse recreational programming. Celebrating holidays and birthday offers enjoyment to all. But nothing beats gardening or a cookout in July under the pavilion. It is fun and games in a structured and safe environment that even offer virtual bowling alley on-site, the only one of its kind in New England. Of course there is bingo, and other stimulating recreational activities.

Let's face it, the progression of getting old and becoming dependent on caregivers is a fact we all will face. Decisions have to be made and Accord offers a great atmosphere on a daily basis for your loved ones. Accord Adult Day Health Center provides a huge alternative



Carmella Flynn, Accord owner Joe Rizzo, and Aline Fitzgerald at the virtual bowling alley.

to lighten the decision from sending your loved one away in a long-term care facility or simply using the Accord Adult day care as a sensible way to ease into that very tough decision. Their Service Coordinator Director will assist you by providing your family with other alternatives that will provide your family the services and peace of mind needed to live in their beloved community.

If you are at a crossroad decision with a loved one, just call Accord Adult Day

Health Center at (508) 949-3598 and begin the process of obtaining peace of mind and services that will provide balance to your family member's life. I encourage you to visit the facility and you will see firsthand how that Accord ADH, medical management, skilled nursing services, specialized therapies, nutritional meal plans, recreation, exercise, and socialization are everything your loved one needs, to stay part of their community.



Playing a board game are Judy Gremo, Aline Fitzgerald, Bob Smith, Cecil Currier, Carmella Flynn, and Margaret Clarke.

