































March 2019
ACCORD ADULT DAY CENTER
LUNCH MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Attention: If you have a food allergy please inform staff.</p>	<p>Please Note: Daily Menus are subject to change without notice</p>				<p>1 Milk 1%, Baked breaded fish oven baked fries coleslaw & fruit cocktail</p> 	<p>2 Milk 1%, Meat lasagna, seasoned green beans, & applesauce</p> 
<p><i>In accordance with Federal Law and U.S. Department of Agriculture policy, this prohibited from discriminating on basis of race, color, national origin, sex, age, or disability."</i></p>	<p>4 Milk 1%, Baked breaded chicken, mashed potatoes, gravy, vegetable normandy & pineapples</p> 	<p>5 Milk 1%, Turkey clubs with turkey, cheese, lettuce and tomato, vegetable pasta salad, & pears</p> 	<p>6 Milk 1%, Spaghetti and Meatballs, garden veg. salad, garlic bread & applesauce</p> 	<p>7 Milk 1%, shepherd pie with corn or pea, & fruit cocktail</p> 	<p>8 Milk 1%, Baked breaded fish oven baked fries Mixed vegetables, & peaches</p> 	<p>9 Milk 1%, chicken salad rolls, chips, garden vegetable salad, & pears</p> 
	<p>11 Milk 1% , Homemade baked macaroni and cheese with seasoned broccoli & pears</p> 	<p>12 Milk 1%, crispy chicken , sandwiches, chips, Garden veg. salad, & peaches</p> 	<p>13 Milk 1%, Cheeseburger pie, seasoned carrots, & pineapples</p> 	<p>14 Milk 1%, Stuffed shells, seasoned broccoli, & fruit cocktail</p> 	<p>15 Milk 1%, Baked breaded fish, tater tots, coleslaw & applesauce</p> 	<p>16 Milk 1% , homemade hearty vegetable soup, turkey sandwiches., & peaches</p> 
	<p>18 Milk 1%, Hotdog wrapped in puffed pastry, baked beans, coleslaw, & peaches</p> 	<p>19 Milk 1%, Roast pork with oven roasted potatoes, vegetable normandy, & fruit cocktail</p> 	<p>20 Milk 1% Chicken Parmesan elbow noodles & steamed spinach, pears</p>  <p align="center">SPRING</p>	<p>21 Brunch for lunch Milk 1%, pancakes, sausage, spinach, scrambled eggs, & applesauce</p> 	<p>22 Milk 1%, Baked breaded fish oven baked fries vegetable normandy & pineapples</p> 	<p>23 Milk 1%, Shepherd pie with corn or peas & fruit cocktail</p> 
<p>Lunch is served with Whole Grain Bread and Butter</p>	<p>25 Milk 1%, Assorted cheese and pepperoni pizzas, vegetable garden salad, & applesauce</p> 	<p>26 Milk 1% Cheese ravioli with garlic bread ,green beans & peaches</p> 	<p>27 Milk 1% , Chicken pot pie with chicken, mixed vegetables & biscuit & pineapples</p> 	<p>28 Milk 1% Boiled dinner turkey kielbasa, potatoes, carrots, cabbage & pears</p> 	<p>29 Milk 1%, Baked breaded fish oven baked fries , coleslaw & fruit cocktail</p> 	<p>30 Milk 1%, Barbecue chicken, potato salad coleslaw, & peaches</p> 