

**January 2019  
 ACCORD ADULT DAY CENTER  
 LUNCH MENU**





**Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday**


**Attention: If you have a food allergy please inform staff.**




**1 CLOSED**  



2 Milk 1%, Cacciatore with chicken, onions, peppers, over penne with broccoli, pears  



3 Milk 1%, spaghetti and meatballs, steamed broccoli, & fruit cocktail  



4 Milk 1%, Baked breaded fish oven baked fries coleslaw & peaches  



5 Milk 1%, Meat lasagna, seasoned green beans, & bananas  


*In accordance with Federal Law and U.S. Department of Agriculture policy, this prohibited from discriminating on basis of race, color, national origin, sex, age, or disability."*


7 Milk 1 %, baked breaded chicken , mashed potatoes, gravy, vegetable normandy & peaches  


8 Milk 1%, Hearty homemade turkey, vegetable, rice soup , corn bread & fruit cocktail  



9 Milk 1%, Cheeseburger pie, seasoned carrots, & applesauce  



10 Milk 1%, Beef stroganoff Over noodles with mushrooms and peas. pears  


11 Milk 1%, Baked breaded fish oven baked fries Mixed vegetables, & pineapples  



12 Milk 1%, crispy chicken , Sandwiches, chips, Vegetable Garden Salad, & peaches  






14 Milk 1%, Hotdog wrapped in puffed pastry, baked beans, coleslaw, & pears  


15 Milk 1%, meatloaf, mashed potatoes, gravy, steamed carrots & fruit cocktail  



16 Milk 1%, Hearty Chicken parmesan soup with zucchini, tomatoes & pasta. pineapples  



17 Brunch for lunch Milk 1%, pancakes, sausage, spinach, scrambled eggs, & applesauce  



18 Milk 1%, Baked breaded fish, tater tots, coleslaw & peaches  



19 Milk 1% , homemade hearty vegetable soup, turkey sandwiches., & pears  



**Please Note: Daily Menus are subject to change without notice**


21 Milk 1%, Shepherd pie with corn or peas & Fruit cocktail  


22 Milk 1%, Chicken parmesan with penne and seasoned broccoli & pears  



23 Milk 1%, Roast pork with oven roasted potatoes, vegetable normandy, & applesauce  



24 Milk 1 %, Quiche with Cheese, ham, or spinach vegetable normandy & peaches  



25 Milk 1%, Baked breaded fish oven baked fries vegetable normandy & pineapples  


26 Milk 1%, Assorted cheese and pepperoni pizzas, Vegetable Garden Salad, & pineapples  


**Lunch is served with Whole Grain Bread and Butter**

28 Milk 1%, Hearty beef stew with beef, potatoes, carrots, beans. pears  


29 Milk 1%, Stuffed shells, seasoned broccoli, & pineapples  


30 Milk 1%, Chicken stir fry over brown rice with mixed vegetables, peaches  


31 Milk 1% Boiled dinner turkey kielbasa, potatoes, carrots, cabbage & fruit cocktail  