

**December 2018
Accord Adult Day Center
Breakfast Menu**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>If you have any food allergy please notify staff.</i>				PLEASE NOTE: Daily menus are subject to chang.	1 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast
	3 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	4 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	5 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	6 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	7 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	8 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast
	10 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	11 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	12 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	13 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	14 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	15 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast
	17 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	18 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	19 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	20 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	21 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	22 CLOSED 
	24 CLOSED 	25 CLOSED 	26 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	27 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	28 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast	29 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast
	31 1% Milk, Asst. 100% Fruit juices Oatmeal, Asst. Cereals Whole Grain Toast				<i>In accordance with Federal Law and U.S. Department of Agriculture policy, this prohibited from discriminating on basis of race, color, national origin, sex, age, or disability."</i>	