

Sunday

Monday

Tuesday

Wednesday

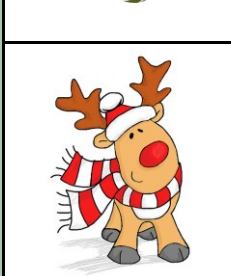
Thursday

Friday

Saturday

# December 2018

## Accord Adult Day Health Center



							9:15 Gentle Stretches 9:45 Current Events 10:15 Big Dice 12:45 Gentle Stretches 1:15 Target Toss 2:30 Social Gathering	1				
2	9:15 Strength Training 9:45 Local News & Events 10:30 Pitch, Crib, Rummy Horseshoes, Whoopee, LCR 12:45 Brain Teasers 1:15 Pitch, Crib, Rummy Go Gator, Toss it up, Uno 2:30 Social Gathering	3	9:15 Seated Stretches 9:45 This Day in History 10:30 Pitch, Crib, Rummy Big Dice, <b>Craft Group</b> , Bunco 12:45 Gentle Stretches 1:00 Word in a Word 1:15 Pitch, Crib, Rummy Target Toss, Skip Bo, Farkle 2:30 Social Gathering	4	9:15 Seated Stretches 9:45 This Day in History 10:30 Pitch, Crib, Rummy Volleyball, Crazy 8's, Yahtzee 12:45 Gentle Stretches 1:00 Word in a Word 1:30 Pitch, Crib, Rummy, LCR <b>Mass/ Father Reid</b> 2:30 Social Gathering	5	9:15 Large Muscle Stretch 9:45 This Day in History 10:30 Pitch, Crib, Rummy Twister, Sequence, Fish Bait 12:45 Gentle Stretches 1:00 Name 10 1:15 Pitch, Crib, Rummy Darts, Black Jack, Bowling Dice 2:30 Social Gathering	6	9:15 Strength Training 9:45 Daily Chronicle 10:30 Pitch, Crib, Rummy Yolf, Bowling, Pokeno 12:45 Gentle Stretches 1:00 Trivia Challenge 1:30 <b>Musical Guest Alexandria Bianco</b> 2:30 Social Gathering	7	9:15 Stretch It Out 9:45 Local News 10:15 Horseracing 12:45 Large Muscle Stretches 1:15 Big Farkle 2:30 Social Gathering	8
9	9:15 Let's Get Fit 9:45 News Current Events 10:30 Pitch, Crib, Rummy Big Dice, Crazy 8's, Farkle 12:45 Gentle Stretches 1:00 You Be the Judge 1:15 Pitch, Crib, Rummy Bullseye, Horserace, Bunco 2:30 Social Gathering	10	9:15 Seated Stretches 9:45 Historical Events 10:30 Pitch, Crib, Rummy Horseshoes, Manicures, LCR 12:45 Gentle Stretches 1:00 Cranium Crunches 1:15 Pitch, Crib, Rummy Noodle Hockey, Bingo 2:30 Social Gathering	11	9:15 Stretch It Out 9:45 Local News & Events 10:30 Pitch, Crib, Rummy Ring Toss, Coffee Social, LCR 12:45 Stretch It Out 1:00 Brain Teasers 1:15 Pitch, Crib, Rummy Darts, Rummy Royal, Toss it up 2:30 Social Gathering	12	9:15 Strength Training 9:45 Daily Chronicle 10:30 Pitch, Crib, Rummy Ring Bocce, Bowling, Pokeno 12:45 Gentle Stretches 1:00 Trivia Challenges 1:15 Pitch, Crib, Rummy Target Toss, Poker, Yahtzee 2:30 Social Gathering	13	9:15 Let's Get Fit 9:45 This Day in History 10:30 Pitch, Crib, Rummy Volleyball, Lucky 7's, Fish Bait 12:45 Sit & Stretch 1:00 Word Games 1:15 Pitch, Crib, Rummy Go Gator, Scat, Penny Ante 2:30 Social Gathering	14	9:15 Morning Stretches 9:45 Local News 10:15 Tin Can Alley 12:45 Gentle Stretches 1:15 Twister 2:30 Social Gathering	15
17	9:15 Strength Training 9:45 This Day in History 10:30 Pitch, Crib, Rummy Twister, Acey Ducey, Toss it up 12:45 Sit & Stretch 1:00 Word Games 1:15 Pitch, Crib, Rummy Yolf, <b>Craft Group</b> , Bingo 2:30 Social Gathering	18	9:15 Seated Exercise 9:45 This Day in History 10:30 Pitch, Crib, Rummy Parachute, Whoopee, Yahtzee 12:45 Gentle Stretches 1:00 Word Games 1:15 Pitch, Crib, Rummy Darts, Pokeno 2:30 Social Gathering	19	9:15 Stretch It Out 9:45 This Day in History 10:30 Pitch, Crib, Rummy Bullseye, Bowling, Uno 12:45 Sit & Stretch 1:00 Word Games 1:15 Pitch, Crib, Rummy, LCR <b>Mass/ Father Roy</b> 2:30 Social Gathering	20	9:15 Sit & Get Fit 10:45 Local News & Events 10:30 Pitch, Crib, Rummy Big Dice, Baking Group, Farkle 12:45 Gentle Stretches 1:00 Name 10 1:15 Pitch, Crib, Rummy <b>Cookie Decorating!</b> 2:30 Social Gathering	21	9:15 Strength Training 9:45 Local News & Events 10:30 Pitch, Crib, Rummy <b>Christmas Party!</b> 12:45 Gentle Stretches 1:00 Brain Teasers 1:15 Holiday Singalong! 2:30 Social Gathering	22	Closed	
23	Closed	24	Closed	25	9:15 Large Muscle Stretch 9:45 This Day in History 10:30 Pitch, Crib, Rummy Horseshoes, <b>Manicures</b> , Poker 12:45 Name 10 1:15 Pitch, Crib, Rummy Target Toss, Crazy 8's, Bunco 2:30 Social Gathering	26	9:15 Seated Stretches 9:45 Daily Chronicle 10:30 Pitch, Crib, Rummy Bocce, Rummy Royal, Toss it up 12:45 Gentle Stretch 1:00 Brain Games 1:15 Pitch, Crib, Rummy Basketball, Sequence, Farkle 2:30 Social Gathering	27	9:15 Seated Stretches 9:45 Daily Chronicle 10:30 Pitch, Crib, Rummy Go Gator, Pokeno, Mystery Box 12:45 Gentle Stretch 1:00 Brain Games 1:15 Pitch, Crib, Rummy Darts, Acey Ducey, Yahtzee 2:30 Social Gathering	28	9:15 Gentle Stretches 9:45 Current Events 10:15 Big Dice 12:45 Gentle Stretches 1:15 Target Toss 2:30 Social Gathering	29
31	9:15 Let's Get Fit 9:45 News Current Events 10:30 Pitch, Crib, Rummy Big Dice, Bingo 12:45 Gentle Stretches 1:00 You Be the Judge 1:15 <b>New Years Eve Party!</b> 2:30 Social Gathering											